

**Approved Standards for 2019 USATF Southern California Association Junior Olympic Championships**

7-8 Girls	100	200	400	800	1500	Long Jump	Shot Put	Mini-Javelin
	17.39	38.21	01:28.8	03:18.5	06:57.6	1.69	2.79	5.32

Approved by SCA Board on 12/19/2018

7-8 Boys	100	200	400	800	1500	Long Jump	Shot Put	Mini-Javelin
	16.55	35.84	01:24.6	03:21.3	06:39.5	2.33	3.59	6.46

9-10 Girls	100	200	400	800	1500	Long Jump	High Jump	Shot Put	Mini-Javelin
	15.41	32.37	01:14.0	02:56.9	07:08.2	2.84	0.98	3.23	8.07

9-10 Boys	100	200	400	800	1500	Long Jump	High Jump	Shot Put	Mini-Javelin
	15.14	31.05	01:11.7	02:51.2	05:47.3	3.13	1.00	4.28	10.72

11-12 Girls	100	200	400	800	1500	3000	80h	Long Jump	High Jump	Shot Put	Aero Jav (450g)	Discus
	14.12	29.27	01:08.1	02:47.3	05:41.7	13:24.5	21.01	3.46	1.08	6.11	8.23	13.34

11-12 Boys	100	200	400	800	1500	3000	80h	Long Jump	High Jump	Shot Put	Aero Jav (450g)	Discus
	14.49	29.08	01:07.0	02:43.7	05:36.7	12:09.1	18.48	3.42	1.12	6.35	9.39	12.84

13-14 Girls	100	200	400	800	1500	3000	100h	200h	Long Jump	Triple Jump	High Jump	Shot Put	Javelin	Discus
	13.31	27.33	01:03.6	02:44.8	05:27.0	12:34.5	21.05	33.16	3.89	8.56	1.18	6.69	14.75	14.75

13-14 Boys	100	200	400	800	1500	3000	100h	200h	Long Jump	Triple Jump	High Jump	Shot Put	Javelin	Discus
	12.66	26.98	00:59.6	02:24.4	04:53.2	11:08.2	19.93	31.24	3.69	9.53	1.27	8.09	12.97	19.04

**Notes:**  
 24th place Results for events with greater than 24 in competition or last place if less than 24 competitors were used for 2016, 2017 & 2018.

All Field Event Marks are in Metric Units (Meters)

**Only Results from SCA Sanctioned "A-Meets" will be used for Qualification to the JO Association Championship meet.**

If the total number of heats exceeds Five (5) on a 9-lane track or Six (6) on an 8-lane track, then qualification to the Finals will be by Time only. No Automatic Qualification.

These Standards were Approved at the SCA monthly meeting on Dec.19, 2018

\*\*\*Pole Vault and Race walk Standards removed.

15-16 boys/girls and 17-18 men/women are not required to meet Association Standards in order to compete at the Junior Olympic Association meet. However, each athlete must have a valid 2019 USATF membership and be age verified in order to compete